

GRAND ROUNDS



Thursday, October 10, 2024

Location: Zoom ([RSVP for link](#))

4:30pm- 6:00pm EST

RSVP [here](#) or

bioethics@stonybrookmedicine.edu

The Light We Give: The Transformative Promise of Compassion

Simran Jeet Singh, PhD

Growing up in South Texas, Simran Jeet Singh and his brothers confronted racism daily. As a turbaned, bearded, brown-skinned Sikh, he continued to face prejudice and hate in college and beyond. Simran chose to be defined not by the negativity that often surrounded him but by the Sikh teachings of love and justice that he grew up with. Delving deep into these core tenets of Sikh wisdom, he has sought to embrace an outlook that guides us to see the good in everyone and to forge a path of positivity, connection, and service—a way of life that so many of us are seeking in today's world.



Simran Jeet Singh, Ph.D., is an Assistant Professor of History at Union Theological Seminary and Senior Advisor for the Aspen Institute's Religion & Society Program. He authored the national bestseller [The Light We Give: How Sikh Wisdom Can Transform Your Life](#)

(Riverhead, Penguin Random House) and he hosts the new podcast, [Wisdom & Practice](#), which is produced in partnership with PRX and The Aspen Institute.

Simran's thought leadership on bias, empathy, wisdom, and justice extends across corporate, educational, and government settings. He served as an Atlantic Fellow for Racial Equity with Columbia University and the Nelson Mandela Foundation, and a Soros Equality Fellow with the Open Society Foundations. In 2020, *TIME Magazine* recognized him as one of sixteen people fighting for a more equal America, and in 2022, Simran delivered the opening address at SXSW in Austin, Texas.

Simran earned graduate degrees from Harvard University and Columbia University, and he writes regularly for major outlets, including *Harvard Business Review*, *TIME Magazine*, and *Religion News Service*. Simran authored the award-winning children's book [Fauja Singh Keeps Going: The True Story of the Oldest Person to Ever Run a Marathon](#) (Kokila, Penguin Random House), and Penguin will also publish his next children's book next spring.

Born and raised in San Antonio, Texas, Simran now lives in New York City with his wife and two daughters, where he enjoys running, writing, and chasing his kids. To learn more about Simran and his work, visit simranjeetsingh.org

To learn more about the **MD with Scholarly Concentrations in Medical Humanities and Ethics track**, the **Master of Arts program**, and **Center for Medical Humanities, Compassionate Care and Bioethics**, please visit stonybrook.edu/bioethics