



SBU Psychology Undergraduate Resources

<https://www.stonybrook.edu/commcms/psychology/undergraduate/index.php>

Instagram: @sbupsych

University and Departmental Services



Undergraduate Psychology Advising Office

The Undergraduate Psychology Advising Office at Stony Brook University provides academic guidance to approximately 2,000 Psychology majors. Academic Advisors can assist with major advising, semester scheduling, transfer evaluations, and discussions about research opportunities.

Enrollment management of PSY courses, research, TA and internship enrollment permissions, graduation clearances, and advising are provided by the Undergraduate Program Coordinator

Link: <https://www.stonybrook.edu/commcms/psychology/undergraduate/advising.php>



Academic Success and Tutoring Center

The Academic Success and Tutoring Center (ASTC) supports Stony Brook University's mission of ensuring a comprehensive, high quality undergraduate education by providing services that complement classroom instruction and encourage student success. Through collaborative efforts with academic departments and student services, the ASTC enhances, promotes, and develops tutorial and academic success programs, and is committed to creating an inclusive, supportive, student-centered learning environment, which stimulates critical thinking and productive learning.

Link: https://www.stonybrook.edu/commcms/academic_success/

Location: Stony Brook Union, Suite L08

[Appointments link](#)

OR drop-in hours:

- Wednesdays 4pm - 5pm
- Fridays 10am - 11am



Career Center

The Career Center is still hosting events, webinars, and information sessions online to help students learn skills to help them plot their career path and connect with employers. Make sure to RSVP on Handshake (see their website for links to RSVP). This list will be updated throughout the semester, so keep checking back to find the latest events. Don't miss out on these opportunities!

Link: <https://www.stonybrook.edu/career-center/>

List of Events: <https://www.stonybrook.edu/commcms/career-center/home/events.php>



Center for Inclusive Education

A diversity of perspectives and ideas is critical for the advancement of knowledge and scientific innovation. Therefore it is vital that academic institutions create and promote an environment that fosters diversity and inclusion at the highest levels of research and scholarship.

Example services:

- Mentoring
- Professional development
- Supplementary funding

Link: <https://www.stonybrook.edu/commcms/cie/>

List of Programs: <https://www.stonybrook.edu/commcms/cie/programs.php>

Location: 2401 Computer Science Building

Mentorship Programs at SBU



Student Clubs and Organizations: Opportunities to Enhance Your CV

Psychology Student Alliance

- Anyone may join - email for more information: stonypsa@gmail.com
- Mission: Building research, advocacy, diversity, and networking

Psi Chi

- Psychology majors with a minimum GPA of 3.0 Overall and 3.3 in Psychology may join. Email for more information: sbupsichi@gmail.com
- Note: Psi Chi members can apply for research grants through the International society.

Neuroscience Axis

- Anyone interested in neuroscience may join! Email here for more information: neuroscienceaxis@gmail.com

Community Service Opportunities

Gain Experience (via Career Center webpage)

Handshake (job posting site at Stony Brook University)



Women in Science and Engineering (WISE)

The Women in Science and Engineering (WISE) Program seeks to increase the number of individuals from various underrepresented groups in science, math and engineering fields through outreach, recruitment and retention efforts. Combining the vast resources of a major university with the close bonds of a small community, the WISE College Program enables undergraduate students to work closely with peers and faculty to form friendships and to achieve a solid background in their field. The WISE Precollege Program reaches out to local schools to inspire younger students to choose to pursue science math and engineering degrees.

Link: <https://www.stonybrook.edu/commcms/university-honors-programs/about.php>

Instagram: @sbu_wise



The Diversity Professional Leadership Network

The Career Center developed the Diversity Professional Leadership Network (DPLN) to help historically underserved students increase their knowledge of careers and enhance their career skills. Through the program, students learn more about being a professional and business etiquette, get an inside view of a specific industry, and learn how to successfully transition from school to the world of work.

Link: https://www.stonybrook.edu/commcms/career-center/employers/employer_dpln.php

Instagram: @sbucareercenter



Collegiate Science and Technology Entry Program (CSTEP)

The goal of the Collegiate Science and Technology Entry Program (CSTEP) is to promote academic excellence and to provide support services for its participants. This New York State Education Department effort encourages and prepares historically underrepresented and economically disadvantaged Stony Brook University students for entry into scientific, technical, health, and health related professions, including many areas where licensure is required.

Link: <https://www.stonybrook.edu/commcms/stem-smart/cstep/>



Louis Stokes Alliance for Minority Participation (SUNY LSAMP)

The Louis Stokes Alliance prepares underrepresented minority (UREP) students for successful transition into science, technology, engineering, math (STEM) majors by providing comprehensive support services and enrichment and research opportunities for undergraduate students. Benefits include:

- Financial support

- Workshops and tutoring in STEM disciplines

- Mentoring programs that link faculty and staff to students

- Domestic and international research and internship opportunities

- Opportunities for students to attend and present at professional conferences

- Assistance to students in preparing for and applying to graduate programs

- Innovative enrichment courses and program models

- Social, cultural, and community building activities

- Bridge to the Doctorate programs for financial, academic and personal support

Link: <https://www.stonybrook.edu/sunylsamp/>

Research Opportunities and Internships



Research Opportunities for Course Credit

Psychology Honors Program

- *Students are encouraged to apply for acceptance to the honors program in April of their junior year for a 2-semester project.

Research Assistant in Psychology; PSY 273

- [PSY 273 Research Opportunities List](#)
- [PSY 273 Guidelines with enrollment instructions](#)
- *Students can apply ANY semester - the sooner the better!

Readings in Psychology; PSY 447

- You will need to speak to the faculty member with whom you are interested in doing readings.

Independent Research in Psychology; PSY 487

- Independent research requires that you be U3 or U4 status. Speak with the faculty member that you would like to work with as your sponsor.

****Note:** You can always email a faculty member and ask to volunteer in their lab! See an example email [HERE](#).



Paid Research Opportunities

Undergraduate Research Assistant Work Study

- Undergraduate RAs can apply to potentially receive work study compensation by filling out the FAFSA each year by February and indicating on it that they would like to be considered for Federal Work Study funds.
- *Note: International students are not eligible for Federal Work Study funds and work study funds cannot be received when students are getting course credit for their research involvement (e.g., PSY 273)*

[A listing of funded research opportunities for undergraduate students](#) in psychology and neuroscience (or closely related fields)

[The Summer Research Opportunities Program \(SROP\)](#)

- The Summer Research Opportunities Program (SROP) is meant to serve as a gateway to academia for students who are Black, Indigenous, and People of Colour.



PSY 488.01: Psychology Undergraduate Advising Office Internship

This is a two semester internship that offers dedicated juniors and seniors opportunities to gain higher education experience, improve personal and professional skills, and explore career aspirations while providing assistance to others. Responsibilities include;

- Creating major checklists
- Shadowing advisors
- Providing support to the undergraduate psychology advising office staff
- Serving as a role model for Stony Brook Psychology majors
- Interns are required to attend weekly in-person office hours (4 hours per week, intervals of 1-hour minimum)
- Assist with events across campus, and meet with Psychology majors (spring semester)

Apply each year through the Psychology department email application or ask your Psychology advisor



PSY 488: Stony Brook Child Care Center Internship

Interested in a future career working with young children? Stony Brook Child Care has a PSY 488 Undergraduate Internship you may be interested in. Stony Brook Child Care undergraduate interns will work closely with the teachers in a classroom and attend 1 hour weekly training session.

For more information see the [Stony Brook Child Care Internship Opportunity](#).

Scholarships and Fellowships



Scholarships and Fellowships

[SBU URECA Grants and Fellowships](#)

- URECA provides support to SB students engaged in faculty-mentored research and/or creative activities in all disciplines.

[SBU Webpage for External Grants and Fellowships Advising](#)

[Psi Chi Undergraduate Research Grants](#)

- By providing funds for undergraduate Psi Chi student members who will serve as first author and project director, the Undergraduate Research Grants help to defray direct costs (barring stipends, salary, tuition, research assistants, etc.) of the student's original, empirical, research project as well as introduce students to the process of applying and managing research grants.



Scholarships and Fellowships

For BIPOC Students:

- [Dr. William McAdoo Memorial Scholarship](#)
- [Ralph Watkins Memorial Scholarship](#)
- [Turner Fellowship](#) (incoming MA or PhD students)

For economically disadvantaged students:

- [Dr. William McAdoo Memorial Scholarship](#)
- [Ralph Watkins Memorial Scholarship](#)
- [Turner Fellowship](#) (incoming MA or PhD students)
- [John W. Perry Endowed Scholarship in Psychology](#)
- [Burt Stangarone Endowed Scholarship](#)
- [SBU Webpage for Overview of Center for Inclusive Education Programs](#) (includes fellowships and mentorship programs)

Free, Open-Access Materials for Getting Into Psychology Graduate School



Online Materials to Help with Grad School Apps

- [Department list of resources on preparing for/applying to psychology graduate programs](#), including timeline for applications, summary of application process, information about different advanced degrees in psychology
- [Slides from SBU faculty member, Dr. Jessica Schleider](#), reviewing different degrees/career paths in clinical psychology
- [Advice manual from UNC Chapel Hill faculty member, Dr. Mitch Prinstein](#) on applying to clinical psychology graduate programs
- [Overview of career paths and experiences from a group of clinical psychologists](#)
- [Open-access tips/materials for Clinical Psychology PhD programs](#), including timeline for applications, example graduate school spreadsheet, example CV and statement of purpose, email templates to faculty and letter writers, example interview questions - and more
- [How to write a compelling graduate school application statement](#), from an SBU PhD student in clinical psych (Riley McDanal)
- [Example list of psychology graduate school interview questions](#), from Emily Turner and Aradhana Srinagesh, MPEH, CHES
- [Example list of psychology graduate school interviews & tips](#), from Colby College faculty member Dr. Jin X. Goh
- [Join Psychin' Out: a slack group with other psychology applicants and aspiring professionals](#) (for MA and PhD applicants to share information and advice)
- [List of US and Canada PhD/PsyD GRE requirements](#), from Aradhana Srinagesh, MPEH, CHES



Related Books for Psychology Grad School Apps

- A Field Guide to Grad School: Uncovering the Hidden Curriculum ([link](#) to preview; [link](#) to purchase)
- Insider's Guide to Graduate Programs in Clinical and Counseling Psychology ([link](#) to purchase option)